





Promoting positive emotional wellbeing through out of school activities

Young People's Wellbeing Fund – Additional information

Eligibility:

Projects must be working with:

- Children and Young people up to the age of 18 **OR**
- If entirely focussed on care leavers or young people with disabilities, up to the age of 25

AND who are either:

- From a community identified as at higher risk of poor emotional wellbeing and poor mental health. (We do not intend to limit this further, but in your application you will be asked to evidence how the particular group you wish to work with are at higher risk) **OR**
- Living in an area of particular disadvantage in Buckinghamshire. A significant proportion of service users will be from the priority wards (see list below) identified in the <u>Buckinghamshire Council's Levelling Up plan</u>.

Wards:

- Booker, Cressex & Castlefield
- Totteridge & Bowerdean
- Ryemead & Micklefield
- Abbey
- Terriers & Amersham Hill
- West Wycombe
- Aylesbury South West, North-West and North
- Chesham

Priority:

Priority will be given to projects which can demonstrate that their activity has been codesigned with the intended audience.

Projects:

Your application will need to show how you plan to monitor and evaluate your project to understand and demonstrate the impact it has achieved, as well as any lessons learned. It is important this is planned at the outset as you will be expected to provide an interim progress report during your project and produce an outcomes report at the end of the grant period that can be shared with Buckinghamshire Council's Public Health team.





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We welcome innovative and creative ideas that contribute to the desired outcomes of the Fund, but are equally happy to hear about tried and tested projects with a track-record of impactful delivery.

Therefore we do not wish to be prescriptive about how you might achieve the purposes set out for this fund, but as an example, fundable projects could include: using activities and/or creative expression to facilitate conversation, self-care strategies such as mindfulness or journaling, digital creativity including elements around online safety, learning by doing, intergenerational activity.

Workshops:

There will be the opportunity to attend one of two half-day workshops which provide learning on delivering projects which focus on young people's mental wellbeing. Groups who are less confident in delivering projects focussing on young people's mental wellbeing are strongly encouraged to attend one of these workshops, as you should be able to demonstrate in your application that you have the necessary knowledge to deliver your project effectively.

These workshops will be open to groups who are not planning to submit an application to this fund, however groups planning to apply will be given priority to attend if spaces are oversubscribed.

We will also be running one funding advice workshop to provide advice and guidance on the background to the fund, how to present your application, how to evidence and report your impact, etc.

To register your interest in attending any of these sessions, please click here.

Other information

There is further background information and data around emotional wellbeing for Children & Young People provided by Buckinghamshire Council's Public Health team here:

Mental health and wellbeing | Health and Wellbeing Bucks

Joint Strategic Needs Assessment | Buckinghamshire Council

YoungMinds | Mental Health Charity For Children And Young People